

The Southern Alberta Brain Injury Society (SABIS) is dedicated to helping adults and families living with the effects of an acquired brain injury access supports and services in the community.



The Southern Alberta Brain Injury Society

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Check us out on
Facebook and Twitter!

SABIS

Southern Alberta Brain Injury Society



What services, programs, and supports does SABIS offer?

Case Management

SABIS clients are connected with a Case Manager who can offer a wide variety of supports based on the client's individual needs. Some examples include:

- Assistance, information, and advocacy in accessing and applying for supports and services from government programs and other community-based agencies
- Providing individuals and families with information on acquired brain injury
- Offering emotional support and practical advice on living with a brain injury
- Financial management assistance for clients receiving or eligible for income support

Education

Upon request, SABIS will present in-service sessions or set up a display booth to explain what supports our agency provides and/or offer information and awareness on the causes and effects of acquired brain injury. To request a display booth or presentation please call 403-521-5212.

SABIS also provides the Brain Injury Survival Guide, a comprehensive resource manual, published by the Alberta Brain Injury Initiative, free of charge to anyone interested. At our office we also have a resource centre including a collection of books, pamphlets and brochures on brain injury and community supports and services.

Support Groups

For Clients:

SABIS offers a variety of weekly support groups. These groups encourage connections and peer support for brain injury survivors, as well as a chance to be social and access information. SABIS' groups are 1.5 hour sessions that run in three month semesters.

For Caregivers:

Each spring and fall, SABIS offers a 6 week facilitated peer support group for caregivers. Participants have an opportunity to share their stories, discuss some of the unique challenges that come with brain injury and explore options for maintaining their own health and well-being. This program is free and open to all friends and family members of survivors of acquired brain injury.

For Children/Adolescents:

The BRAINY (Brain Injury Resources, Awareness, Information and Networking for Youth) program supports children who have a parent or caregiver with an acquired brain injury. The group meets in the evenings and is for children and youth between the ages of 6 and 18.



Who is eligible for SABIS services?

SABIS offers supports and services to adults with acquired brain injury and their families. SABIS promotes open and inclusive communities for all persons, regardless of the severity of their brain injury

To be eligible for SABIS services individuals must:

- be living with an acquired brain injury.
- be 18 years of age or older.
- live in Calgary or surrounding area
- not be receiving services funded by PDD.
- be able to travel to SABIS for an interview.

How do I get involved with SABIS?

To apply for SABIS services OR make a referral to SABIS please fill out the SABIS Application for Services form. This form can be accessed:

- on our website
www.sabis.ab.ca/servicecoordination
- by requesting a faxed/mailed/emailed copy
- in person at the SABIS office

NOTE ** SABIS requires a medical record of an acquired brain injury along with the application

For more information about the process of becoming a SABIS client or referring someone to SABIS call 403-521-5212 and ask to speak to the intake coordinator.